



INNOVATIVE CLUBS
FOR **DUAL CAREERS**



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ICDC PROJECT

The objective of this project is to develop an innovative club-based pilot programme to support Dual Careers that facilitates an optimal combination of high-quality training and education to young athletes practicing water sports, namely canoeing, rowing and swimming. The Programme will target athletes between 14 and 21 years old, a critical age in which athletic, academic, psycho-social and professional transitions take place.

In total, 100 athletes coming from the partnering clubs will directly be involved in the testing of the pilot programme. Athletes will be supported by different experts coordinated by the Dual Career Case Manager (DCCM) as a key figure to integrate medical, psychological, educational and other support services that will be provided by clubs.

The main aim is to combine a successful educational and sporting career of athletes by providing them with the right supporting services from their own clubs, and hence contributing that at a later stage of life they keep a balance between sports training and employment.

PARTNERS

The ICDC project, led by Club Natació Banyoles, is jointly developed with four more partners from different European countries: the Istituto per la Ricerca Sociale di Milano (Italy), AUAS Amsterdam (Netherlands), Veslaški Klub Bled (Slovenia) and Aviron Perpignan (France).

